

Starfish Children's Day Nursery Menu - Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Lamb shepherds pie with carrots and peas	Fish goujons, new potatoes, broccoli and cauliflower	Roast turkey with roast potatoes and fresh veg	Lamb chilli con carne with rice and fresh veg	Cheese and tomato pasta with veg
	Fruit yogurt	Apple crumble and custard	Fruit salad	Banana wholemeal cake	Green jelly and pears
Week 2	Tuna pasta bake with broccoli and sweetcorn	Roast lamb, with roast potatoes, carrots, parsnips and cabbage	Mild chicken curry and rice	Sausage and mash with fresh veg and gravy	Vegetable lasagne with fresh veg
	Stewed pears and semolina	Fruit salad	Jelly and fruit	Baked chocolate mousse cake	Fruit cheesecake
Week 3	Roast pork with roast pots, mashed carrot & swede and green beans	Macaroni cheese with fresh veg	Chicken pie with mash potato and fresh veg	Fish cakes, sauté potatoes, peas and baked beans	Turkey bolognaise, spaghetti and fresh veg
	Yogurt and bananas	Blancmange	Spotted dick	Pineapple sponge	Fruit salad
Week 4	Cheese and tomato pasta with fresh veg	Sausage and mash with cauliflower & broccoli cheese and gravy	Kedgeriee and fresh veg	Roast chicken with roast potatoes, stuffing and fresh veg	Lamb meatballs with spaghetti and fresh veg
	Stewed fruit and custard	Jelly with fruit	Apple sponge	Fruit salad	Meringues, whipped cream and berries